

2007 SIAC TRACK & FIELD TOP 8 OUTDOOR PERFORMANCES

AS OF MARCH 25, 2007

COMPILED BY COACH WILLIE LASTER JR (RETIRED)

MEN

NCAA AUTO QUALIFY				NCAA PROVISIONAL QUALIFY
100 M	SCHOOL	TIME	DATE	MEET
BRIAN WITHSPOON	STILLMAN COLLEGE	10.24	4-7-07	ALICE COACHMAN INVIT
GARRION MARTIN	ALBANY STATE U.	10.32	3-17-07	MOREHOUSE COLLEGE RELAY
RODNEY COLEY	ALBANY STATE U.	10.35	3-17-07	MOREHOUSE COLLEGE RELAY
XAVIER HAIR	FORT VALLEY STATE	10.35	4-7-07	ALICE COACHMAN INVIT
BRIAN WITHSPOON	STILLMAN COLLEGE	10.41	3-31-07	JACKSONSVILLE STATE INVI.
JOSHUA WILLIAMS	BENEDICT COLLEGE	10.46	3-10-07	CHARLESTON SOUTHERN
BRANDON SAMUELS	BENEDICT COLLEGE	10.45	4-7-07	ALICE COACHMAN INVIT
RANDALL FLIMMONS	MOREHOUSE COLLEGE	10.67	3-17-07	MOREHOUSE COLLEGE RELAY
200 M	SCHOOL	TIME	DATE	MEET
BRIAN WITHSPOON	STILLMAN COLLEGE	21.24	3-31-07	JACKSONSVILLE STATE INVI.
JOSHUA WILLIAMS	BENEDICT COLLEGE	21.35	3-31-07	WINTHROP INVIT.
BRUNO PARKER	MOREHOUSE COLLEGE	21.39	3-3-07	SAVANNAH STATE
GARRION MARTIN	ALBANY STATE U.	21.42	4-7-07	ALICE COACHMAN INVIT
BRANDON SAMUELS	BENEDICT COLLEGE	21.43	3-31-07	WINTHROP INVIT.
KEON MONTGOMERY	FORT VALLEY STATE	21.58	3-24-07	AUBURN SPRINGTIME INVIT
OLADIPO ADESHINA	ALBANY STATE U.	21.78	4-14-07	FSU INVITATIONAL
DARRELL LeBEAUX	MILES COLLEGE	21.81	3-24-07	AUBURN SPRINGTIME INVIT
400 M	SCHOOL	TIME	DATE	MEET
ANTONIE THOMAS	ALBANY STATE U.	47.92	4-7-07	ALICE COACHMAN INVIT
DAMIAN PRINCE	MOREHOUSE COLLEGE	47.95	4-7-07	ALICE COACHMAN INVIT
OLADIPO ADESHINA	ALBANY STATE U.	48.08	3-31-07	FSU RELAYS
MARQUIS ANDREWS	FORT VALLEY STATE	48.26	4-7-07	ALICE COACHMAN INVIT
ANTONIE THOMAS	ALBANY STATE U.	48.33	3-10-07	FLA. A&M
CARL ROLLE	BENEDICT COLLEGE	48.90	3-10-07	CHARLESTON SOUTHERN
KEON MONTGOMERY	FORT VALLEY STATE	49.11	2-24-07	FORT VALLEY STATE
DANATAY HEARD	STILLMAN COLLEGE	49.19	4-7-07	ALICE COACHMAN INVIT
800 M	SCHOOL	TIME	DATE	MEET
ONEAL WILLIAMS	BENEDICT COLLEGE	1:56.13	4-14-07	COSTAL CAROLINA CLASSIC
DAVID OSBORNE	KENTUCKY STATE U	1:56.19	3-17-07	MOREHOUSE COLLEGE RELAY
CHARLES BROWN	FORT VALLEY STATE	1:56.40	4-7-07	ALICE COACHMAN INVIT
KEVIN CHASE	MOREHOUSE COLLEGE	1:56.93	3-24-07	AUBURN SPRINGTIME INVIT
BRANDON MILLER	CLARK-ATLANTA U.	1:57.88	4-7-07	ALICE COACHMAN INVIT
JULIUS HANKS	MOREHOUSE COLLEGE	2:00.00	4-7-07	ALICE COACHMAN INVIT
KEVIN SMITH	BENEDICT COLLEGE	2:01.11	3-10-07	CHARLESTON SOUTHERN
JEROME SINGLETON	MOREHOUSE COLLEGE	2:01.08	4-7-07	ALICE COACHMAN INVIT
1500 M	SCHOOL	TIME	DATE	MEET
ONEAL WILLIAMS	BENEDICT COLLEGE	4:05.00	4-7-07	ALICE COACHMAN INVIT
CHARLES BROWN	FORT VALLEY STATE	4:13.00	4-7-07	ALICE COACHMAN INVIT
TITUS ROTICH	BENEDICT COLLEGE	4:15.32	3-31-07	WINTHROP INVIT.

KEVIN CHASE	MOREHOUSE COLLEGE	4:15.51	4-7-07	ALICE COACHMAN INVIT
JULIUS HANKS	MOREHOUSE COLLEGE	4:16.15	4-7-07	ALICE COACHMAN INVIT
DEZMOND DOUGLAS	MOREHOUSE COLLEGE	4:17.35	3-3-07	SAVANNAH STATE
MARCUS JACKSON	ALBANY STATE U.	4:21.15	4-7-07	ALICE COACHMAN INVIT
BRANDON MILLER	CLARK-ATLANTA U.	4:21.68	3-3-07	FLA. STATE SNOWBIRD
3000 M STEEPLE CHASE	SCHOOL	TIME	DATE	MEET
MARCUS JACKSON	ALBANY STATE U.	10:35.50	3-10-07	FLA. A&M
JUSTUS LANGAT	FORT VALLEY STATE	10:36.02	3-24-07	AUBURN SPRINGTIME INVIT
AHUNUAR HUERTA	KENTUCKY STATE U	10:57.03	3-24-07	GERALD ENGLAND INVIT
RICHARD GRAHAM	FORT VALLEY STATE	11:09.57	3-24-07	AUBURN SPRINGTIME INVIT
ANTONIO WELLS	FORT VALLEY STATE	11:16.37	3-24-07	AUBURN SPRINGTIME INVIT
Le'VONN BROWN	CLARK-ATLANTA U.	11:50.00	3-31-07	EMORY INVIT.
LAMIN TOURAY	FORT VALLEY STATE	12:31.52	3-3-07	SAVANNAH STATE
SHOMARI JOHNSON	ALBANY STATE U.	12:38.68	3-3-07	FLA. STATE SNOWBIRD
5000 M	SCHOOL	TIME	DATE	MEET
ONEIL WILLIAMS	BENEDICT COLLEGE	15:24.24	3-31-07	WINTHROP INVIT.
TITUS ROTICH	BENEDICT COLLEGE	15:34.56	3-10-07	CHARLESTON SOUTHERN
ALEX BRICKLER	MOREHOUSE COLLEGE	16:23.92	2-24-07	FORT VALLEY STATE
NOBLE SWINT	MOREHOUSE COLLEGE	16:59.39	3-3-07	SAVANNAH STATE
JUSTUS LANGAT	FORT VALLEY STATE	17:16.49	2-24-07	FORT VALLEY STATE
ANTONIO WELLS	FORT VALLEY STATE	17:40.46	2-24-07	FORT VALLEY STATE
AHUNUAR HUERTA	KENTUCKY STATE U	17:19.52		
RICHARD GRAHAM	FORT VALLEY STATE	18:31.51	3-17-07	MOREHOUSE COLLEGE RELAY
110 M HURDLES	SCHOOL	TIME		MEET
DAVID WHEELER	BENEDICT COLLEGE	13.88	4-7-07	ALICE COACHMAN INVIT
STEVEN JACKSON	FORT VALLEY STATE	14.12	4-7-07	ALICE COACHMAN INVIT
RONNIE McGIRT	ALBANY STATE U.	14.44	4-7-07	ALICE COACHMAN INVIT
RADONYE DOUGLAS	ALBANY STATE U.	14.69	3-31-07	FSU RELAYS
OSCAR GRAMLING	BENEDICT COLLEGE	14.96	3-17-07	CHARLOTTE 49ER CLASSIC
JERMONE SMILEY	ALBANY STATE U.	15.68	3-31-07	FSU RELAYS
PIERRE BROWN	FORT VALLEY STATE	15.82	2-24-07	FORT VALLEY STATE
CHRISTOPHER LAWERANCE	STILLMAN COLLEGE	15.97	3-31-07	JACKSONVILLE STATE INVIT
400 M HURDLES	SCHOOL	TIME	DATE	MEET
DAMIAN PRINCE	MOREHOUSE COLLEGE	51.03	3-24-07	AUBURN SPRINGTIME INVIT
CURTIS DAYSON	MOREHOUSE COLLEGE	54.43	3-24-07	AUBURN SPRINGTIME INVIT
KEVIN SMITH	BENEDICT COLLEGE	56.63	4-7-07	ALICE COACHMAN INVIT
NATTAKI DASENT	ALBANY STATE U.	56.68	3-10-07	FLA. A&M
RUBEN SULLIVAN	ALBANY STATE U.	56.71	4-7-07	ALICE COACHMAN INVIT
OSCAR GRAMLING	BENEDICT COLLEGE	57.27	3-31-07	WINTHROP INVIT.
ROBERT KEYES	CLARK-ATLANTA U.	58.53	3-31-07	EMORY INVIT
ANTHONY LIVINGSTON	CLARK-ATLANTA U.	58.73	3-24-07	AUBURN SPRINGTIME INVIT
4X100 M RELAY	SCHOOL	TIME	DATE	MEET
ALBANY STATE U. A	ALBANY STATE U.	40.27	4-14-07	F S U INVITATIONAL
FORT VALLEY STATE	FORT VALLEY STATE	40.78	3-24-07	AUBURN SPRINGTIME INVIT
MOREHOUSE COLLEGE	MOREHOUSE COLLEGE	40.93	3-24-07	AUBURN SPRINGTIME INVIT
STILLMAN COLLEGE	STILLMAN COLLEGE	41.57	2-24-07	FORT VALLEY STATE
BENEDICT COLLEGE	BENEDICT COLLEGE	41.75	3-31-07	WINTHROP INVIT.
MILES COLLEGE	MILES COLLEGE	42.44	3-24-07	AUBURN SPRINGTIME INVIT

TUSKEGEE UNIVERSITY	TUSKEGEE UNIVERSITY	42.67	3-24-07	AUBURN SPRINGTIME INVIT
CLARK-ATLANTA U.	CLARK-ATLANTA U.	43.02	3-17-07	MOREHOUSE COLLEGE RELAY
4X400 M RELAY	SCHOOL	TIME	DATE	MEET
MOREHOUSE COLLEGE	MOREHOUSE COLLEGE	3:08.38	3-24-07	AUBURN SPRINGTIME INVIT
FORT VALLEY STATE	FORT VALLEY STATE	3:13.35	3-24-07	AUBURN SPRINGTIME INVIT
ALBANY STATE U. B	ALBANY STATE U.	3:13.90	3-31-07	FLA STATE RELAYS
BENEDICT COLLEGE	BENEDICT COLLEGE	3:21.76	3-3-07	SAVANNAH STATE
KENTUCKY STATE U	KENTUCKY STATE U	3:23.76	3-24-07	GERALD ENGLAND INVIT
CLARK-ATLANTA U.	CLARK-ATLANTA U.	3:25.09	3-24-07	AUBURN SPRINGTIME INVIT
TUSKEGEE UNIVERSITY	TUSKEGEE UNIVERSITY	3:33.77	3-24-07	AUBURN SPRINGTIME INVIT
HIGH JUMP	SCHOOL	MARK	DATE	MEET
KEITH MOFFATT	MOREHOUSE COLLEGE	2.22m	3-24-07	AUBURN SPRINGTIME INVIT
EVAN FLAX	MOREHOUSE COLLEGE	2.20m	3-17-07	MOREHOUSE COLLEGE RELAY
RANDALL FLIMMONS	MOREHOUSE COLLEGE	1.93m	3-17-07	MOREHOUSE COLLEGE RELAY
MICHAEL BROWN	FORT VALLEY STATE	1.88m	4-7-07	ALICE COACHMAN INVIT
LONG JUMP	SCHOOL	MARK	DATE	MEET
RANDALL FLIMMONS	MOREHOUSE COLLEGE	7.59m	3-24-07	AUBURN SPRINGTIME INVIT
PIERRE BROWN	FORT VALLEY STATE	7.44m	4-7-07	ALICE COACHMAN INVIT
RODNEY COLEY	ALBANY STATE UNIV	7.08m	4-14-07	FSU INVITATIONAL
EVAN FLAX	MOREHOUSE COLLEGE	7.01m	4-7-07	ALICE COACHMAN INVIT
DAVID HOMER	FORT VALLEY STATE	6.89m	3-24-07	AUBURN SPRINGTIME INVIT
GARVIN WILLINGHAM	ALBANY STATE U.	6.86m	3-3-07	FLA. STATE SNOWBIRD
CHRIS BERRY	ALBANY STATE U.	6.86m	3-3-07	FLA. STATE SNOWBIRD
PIERRE BROWN	FORT VALLEY STATE	6.87m	3-17-07	MOREHOUSE COLLEGE RELAY
TYREECE COLE	FORT VALLEY STATE	6.85m	3-24-07	AUBURN SPRINGTIME INVIT
TRIPLE JUMP	SCHOOL	MARK	DATE	MEET
RANDALL FLIMMONS	MOREHOUSE COLLEGE	15.28m	3-24-07	AUBURN SPRINGTIME INVIT
EVAN FLAX	MOREHOUSE COLLEGE	14.88m	3-17-07	MOREHOUSE COLLEGE RELAY
BARRY BATSON	MOREHOUSE COLLEGE	14.71m	3-24-07	AUBURN SPRINGTIME INVIT
PIERRE BROWN	FORT VALLEY STATE	14.25m	3-17-07	MOREHOUSE COLLEGE RELAY
CHERRY De'ANDRE	MOREHOUSE COLLEGE	14.14m	3-3-07	SAVANNAH STATE
DOMINIC SMITH	MOREHOUSE COLLEGE	14.05m	3-3-07	SAVANNAH STATE
HASAAN RASHEED	MOREHOUSE COLLEGE	13.87m	4-7-07	ALICE COACHMAN INVIT
CHRISTOPHER GREEN	MOREHOUSE COLLEGE	13.83m	3-17-07	MOREHOUSE COLLEGE RELAY
SHOT PUT	SCHOOL	TIME	DATE	MEET
CHRISTIAN STOKES	STILLMAN COLLEGE	13.68m	2-24-07	FORT VALLEY STATE
RAYMOND HUFF	KENTUCKY STATE U	13.41m	3-24-07	GERALD ENGLAND INVIT
DAVID ALEXANDER	CLARK-ATLANTA U.	13.09m	2-24-07	FORT VALLEY STATE
JOHN MITCHELL	MOREHOUSE COLLEGE	12.94m	3-24-07	AUBURN SPRINGTIME INVIT
BILLY WOOTEN	MOREHOUSE COLLEGE	12.88m	4-7-07	ALICE COACHMAN INVIT
KEENA HUDSON	FORT VALLEY STATE	12.80m	4-7-07	ALICE COACHMAN INVIT
STANLEY WRIGHT	BENEDICT COLLEGE	12.66m	4-7-07	ALICE COACHMAN INVIT
PIERRE BROWN	FORT VALLEY STATE	12.48m	4-7-07	ALICE COACHMAN INVIT
POLE VAULT	SCHOOL	TIME	DATE	MEET
PIERRE BROWN	FORT VALLEY STATE	3.66m	4-7-07	ALICE COACHMAN INVIT
JUAN TAYLOR	FORT VALLEY STATE	3.50m	4-7-07	ALICE COACHMAN INVIT

CHARLES BALL	ALBANY STATE U.	3.05m	4-7-07	ALICE COACHMAN INVIT
STEVEN HARD	TUSKEGEE UNIVERSITY	3.04m	3-3-07	SAVANNAH STATE
STEPHEN WARD	TUSKEGEE UNIVERSITY	2.90m	3-17-07	MOREHOUSE COLLEGE RELAY
OLIVER RICHMOND	MOREHOUSE COLLEGE	2.90m	3-17-07	MOREHOUSE COLLEGE RELAY
CARL YOUNG	BENEDICT COLLEGE	2.75m	4-7-07	ALICE COACHMAN INVIT
JAVELIN	SCHOOL	TIME	DATE	MEET
PIERRE BROWN	FORT VALLEY STATE	53.92m	3-17-07	MOREHOUSE COLLEGE RELAY
RANDALL FLIMMONS	MOREHOUSE COLLEGE	50.69m	4-7-07	ALICE COACHMAN INVIT
OMARR PITTMAN	CLARK-ATLANTA U.	45.31m	3-31-07	EMORY INVIT
DAVID ALEXANDER	CLARK-ATLANTA U.	42.77m	3-17-07	MOREHOUSE COLLEGE RELAY
ERIC McCrARY	ALBANY STATE U.	42.68m	4-7-07	ALICE COACHMAN INVIT
KOREN JEWELL	FORT VALLEY STATE	42.31m	3-3-07	SAVANNAH STATE
KEENA HUDSON	FORT VALLEY STATE	41.10m	3-17-07	MOREHOUSE COLLEGE RELAY
GAVIN WILLINGHAM	ALBANY STATE UNIVERSITY	40.50m	3-31-07	FLA STATE RELAYS
DISCUS	SCHOOL	TIME	DATE	MEET
BILLY WOOTEN	MOREHOUSE COLLEGE	44.33m	3-3-07	SAVANNAH STATE
COREY RAY	ALBANY STATE U.	43.20m	4-7-07	ALICE COACHMAN INVIT
KEENA HUDSON	FORT VALLEY STATE	42.36m	3-24-07	AUBURN SPRINGTIME INVIT
CHRISTIAN STOKES	STILLMAN COLLEGE	41.64m	2-24-07	FORT VALLEY STATE
DAVID ALEXANDER	CLARK-ATLANTA U.	39.07m	3-3-07	FLA. STATE SNOWBIRD
KOREN JEWELL	FORT VALLEY STATE	37.70m	3-24-07	AUBURN SPRINGTIME INVIT
ARTAVIOUS WILLIAMS	KENTUCKY STATE U	37.62m	3-24-07	GERALD ENGLAND INVIT
ANTHONY DRIVER	TUSKEGEE UNIVERSITY	37.17m	3-24-07	AUBURN SPRINGTIME INVIT
HAMMER THROW	SCHOOL	MARK	DATE	MEET
BILLY WOOTEN	MOREHOUSE COLLEGE	37.92m	3-24-07	AUBURN SPRINGTIME INVIT
TERRY DAMEON	BENEDICT COLLEGE	35.47m	4-7-07	ALICE COACHMAN INVIT
WILLIAM JACKSON	ALBANY STATE U.	35.44m	4-7-07	ALICE COACHMAN INVIT
KEENA HUDSON	FORT VALLEY STATE	35.20m	4-7-07	ALICE COACHMAN INVIT
ERIC McCrARY	ALBANY STATE U.	34.72m	4-7-07	ALICE COACHMAN INVIT
OMARR PITTMAN	CLARK-ATLANTA U.	33.67m	3-17-07	MOREHOUSE COLLEGE RELAY
DAVID ALEXANDER	CLARK-ATLANTA U.	32.32m	3-17-07	MOREHOUSE COLLEGE RELAY
STANLEY WRIGHT	BENEDICT COLLEGE	30.17m	3-31-07	WINTHROP INVIT
10000 METER RUN	SCHOOL	TIME	DATE	MEET
TITUS ROTICH	BENEDICT COLLEGE	33:02.62	3-31-07	WINTHROP INVIT
ALEXANDER BRICKLER	MOREHOUSE COLLEGE	35:02.54	3-17-07	MOREHOUSE COLLEGE RELAY
RICHARD GRAHAM	FORT VALLEY STATE	37:45.12	3-17-07	MOREHOUSE COLLEGE RELAY
ANTONIO WELL	FORT VALLEY STATE	38:03.01	3-17-07	MOREHOUSE COLLEGE RELAY
Le'VONN BROWN	CLARK-ATLANTA U.	44:03.19	3-31-07	EMORY INVIT.
DECATHLON	SCHOOL	POINTS	DATE	MEET
PIERRE BROWN	FORT VALLEY STATE	6460	3-17-07	MOREHOUSE COLLEGE RELAY
RADONYE DOUGLAS	ALBANY STATE U.	5786	3-31-07	FSU RELAYS
RONNIE McGIRT	ALBANY STATE U.	5304	3-31-07	FSU RELAYS
CHARLES BALL	ALBANY STATE U.	5193	3-17-07	MOREHOUSE COLLEGE RELAY
DONALD WILLIAMS	ALBANY STATE U.	5028	3-31-07	FSU RELAYS
DANNY HARRIS	MOREHOUSE COLLEGE	4704	3-17-07	MOREHOUSE COLLEGE RELAY
DERRICK CUBBAGE	ALBANY STATE U.	4700	3-17-07	MOREHOUSE COLLEGE RELAY
DAVID HOMER	FORT VALLEY STATE	4357	3-17-07	MOREHOUSE COLLEGE RELAY

